



THE WHARFEDALE TON

YOUR 2024 ROAD BOOK

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EVENTS**



DEAR RIDERS

The Wharfedale Ton is back for its 8th year and has now become a staple of West Yorkshire's various summer, cycle networking events.

The classic 100-mile Wharfedale Ton route I've planned and designed for you, goes north up as far as Boroughbridge and the new route has proved very popular with repeat riders.

On behalf of myself and the Wharfedale Ton team, we look forward to seeing you and riding with you in God's Own County very soon.



Philip Paget
Partner, Gordons LLP



AT A GLANCE

DATE: Friday 28th June 2024

TIME: Registration from 7:15 - 8:30am

RIDE: Riders leaving from 7:30-8:45am

LOCATION: Ilkley Rugby Club, 2 Denton Road, Ilkley, LS29 0AA

PARKING: Limited parking at Ilkley Rugby. Free parking at Ilkley Lido

CHANGING: Changing facilities are available

NOTE: No cycling shoes inside the rugby club please

WHAT TO BRING

- Bike
- Helmet (compulsory)
- Shoes
- Kit: jersey; shorts/tights; gilet/rain cape; arm/leg warmers
- Energy bars & gels
- Mobile phone
- Spare inner tube, tyre levers and a pump/CO2 canister
- Water bottles
- Bike lock (bikes are left at HQ, lunch and feed stop at your own risk)



CLASSIC 100 MILE ROUTE

As a 100-mile ride, it was always important to limit the number of hills in order to appeal to as many as possible and ensure mass participation. The route has only about 4300 feet of climbing over the whole 100 miles which is very doable – even for those who live in the flat lands (you know who you are!).

After all, over that distance it tends only to appeal to die-hards if the route is too tough. This route is designed to be enjoyable whilst also ensuring you get that sense of achievement – a ton is no mean feat!

START TIME: Steadier riders should aim to start from 7:30-8:00am. Quicker riders should aim to start from 8:30am. Quicker riders should bare in mind that lunch will not be served at stop 2 until 11:45am.

VIEW & DOWNLOAD THE 100 ROUTE >> <https://ridewithgps.com/routes/47265969>



THE HALF TON ROUTE

The Half Ton 50-mile route has two options; you can do the first 25 and the last 25 miles OR you can do the middle 50 requiring a start from Kirk Deighton.

THE HALF TON (Ilkley to Finish):

You can start in Ilkley and do the loop around Wetherby and back. In that case you won't get lunch but you will get pies and tea etc at Kirk Deighton.

DOWNLOAD >> (Ilkley to Finish) <https://ridewithgps.com/routes/47265976>

THE HALF TON (Kirk Deighton to Start/Finish):

Alternatively, you can drive to Kirk Deighton and start and finish there meaning you have the benefit of the pies and the nice lunch in Aldwark. Let us know their plans no later than the 27th June by email so that we can make a note on the entry sheet and arrange for someone to register you over there.

DOWNLOAD >> (Kirk Deighton Start/Finish)

<https://ridewithgps.com/routes/47183231>

START TIME: Start from the Kirk Deighton village hall not before 9.45/10am or you will arrive at Aldwark too early for the lunch. Also note, food in the Rugby Club will only be available from 3.30pm onwards.

FEED STOPS

STOP 1: 26.5 miles at Kirk Deighton Village Hall, 9.30am to 10.30am

Make sure you stop to top up your water bottles and grab some sports nutrition and snacks. Sample our Legendary Lishman's Pork Pies, enjoy fruit and liquid refreshments too.

STOP 2: 54 miles at Aldwark Arms in Aldwark, 11.45am to 1.30pm

Sandwiches, crisps and other carb-high food stuffs are available, oh and plenty of juice! **NOTE:** food not available until 11:45 – fast riders beware!

STOP 3: 76 miles at Kirk Deighton Village Hall, 2pm to 3.15pm

Riders once again pass through Kirk Deighton Village Hall, Nr Wetherby for further refreshments.





RIDER SUPPORT

We do ask that as a general provision, riders can ensure that they are able to be self-sufficient and should treat the ride in exactly the same way as if they were going out with friends for weekend ride. However, we do have a roving mechanic which will be available out on the course and able to respond to mechanicals issues.

Riders should always use their common sense and contact emergency services where necessary. Please do inform race organisers of any major incident. We have a medic which will be out on the course and able to respond to medical issues. If you have any medical conditions we urge you to carry a card with you to alert any medical professionals in the event of a problem.

Riders are asked to look out for each other and report any accidents or mechanical problems to the Event Control number **07748632347**



POST-RIDE

After crossing the finish line you can join us to refuel and celebrate your achievements.

Riders arrive back at Ilkley Rugby club between 3:30-5:30pm where the Clubhouse will serve post-ride food of chilli, rice, baked potato (vegetarian option available). There is also a full pay bar available.

GETTING THERE

TRAVEL TO ILKLEY

By car or train ... or cycle (but only if 100 miles isn't enough for you!). Ilkley train station is located on Station Plaza Ilkley and is approximately 1500m from the start location at the rugby club. Head straight down Brook Street, across the lights and down about ¼ mile to the rugby club on the right.

PARKING AT ILKLEY RUGBY CLUB

Limited parking is available at Ilkley Rugby club for participants on the grassed area around the rugby field however not in the main car park except for those arriving very early because this is the start/finish area. There is further (currently) free parking across the road at Ilkley Lido which is located opposite the rugby club and also along Denton Road to the other side of New Brook Street. Vehicles are left entirely at their owners' risk.

FACILITIES AT CHECK-IN

Full toilet and changing facilities are available in the rugby club.

It is your responsibility to ensure that your bike is roadworthy and we recommend getting it serviced before coming to the event. However, we will have mechanical support available at the start.

BREAKFAST

Please have breakfast before coming to the event. If you are a coffee lover we suggest you pick that up en route to Ilkley.

SAFETY BRIEFING

This event is not a race. The function of ride leaders is only to indicate direction and you are responsible for deciding when it is safe to cross traffic, overtake riders and to moderate your speed. You are reminded that the event is run on open roads and you are expected to obey the Highway Code. Not co-operating with items raised in the ride briefing or inconsiderate/illegal riding may have implications on the running of future events. Riders who don't co-operate will be asked not to continue on the event.

EMERGENCIES

In the event of a medical emergency you call 999. Please save the event organiser's number in your phone should you need assistance: 07748632348

T&CS

You are participating in this event at your own risk. You must rely on your own ability in dealing with all hazards. You must ride in a manner which is safe for yourself and others. If you do not abide by these terms and conditions you will be removed from the event. By entering the event you agree that no liability whatsoever shall attach to Struggle Events in respect of any injury, loss or damage suffered by yourself in or by reason of the event. Event organisers reserve the right to change the route or cancel the event in the event of unforeseen circumstances including severe weather conditions. If the event is cancelled the event organisers are not obliged to provide a refund.

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