

Wharfedale Ton 2021

On the day event information

About the event

The Wharfedale Ton is back for its 5th year and has now become a staple of West Yorkshire's various summer, cycle networking events.

As a 100 mile ride it still represents a challenge to many riders. As a 100 mile ride, it was always important to limit the number of hills in order to ensure mass participation. After all, over that distance it tends only to appeal to die-hards if the route is too tough. This route is designed to be enjoyable whilst also ensuring you get that sense of achievement – a ton is still no mean feat!

The route has changed this year since the event was first run but the tweaks that have been made we expect to be welcomed by repeat riders. Importantly, we now do **not** go to York – instead we loop up around Boroughbridge and down to Aldwark for lunch then loop around Linton on Ouse before crossing over the Aldwark toll bridge to head for home on the previous well-trodden route.

IMPORTANT LAST MINUTE ROUTE CHANGE - See below

For those who know the event, due to a road closure at Pot Bank bridge, this year we will not be going down Penny Pot Lane – instead, after Fewston we head right towards Norwood past the Sun Inn then left along Broad Dubb Road, to Norwood Lane and on to Beckwithshaw.

Don't worry though - as always the route will be fully signed by our organisers Sportive HQ.

Start/finish location

Ilkley Rugby Club 2 Denton Road Ilkley LS29 0AA

Travel to Ilkley

By car or train ... or cycle (but only if 100 miles isn't enough for you!).

Ilkley train station is located on Station Plaza Ilkley LS298H and is approximately 1500m from the start location at the rugby club.

Parking at Ilkley Rugby Club

Parking is available at Ilkley Rugby club for participants on the grassed area around the rugby field however not in the main car park except for those arriving very early because this is the start/finish area.

There is further free parking at Ilkley Lido which is located opposite the rugby club and also along Denton Road to the other side of New Brook Street.

Vehicles are left entirely at their owners' risk.

Bike Security

Bike Security before and after the event: bikes and their security remain at all times at their owners' risk. At the lunch stop please go to the marquee area with your bike and try to keep your eyes on you bike. Our staff will be stationed in the car park to keep an eye out for opportunists but we cannot guarantee nor do we take responsibility for bike security. NOTE: the Aldwark Arms is a much more rural and quieter lunch stop than we have used in previous years, however as anywhere, please be on the look out for your own gear both here and at other stops.

Event Timings

7.15 am	Registration Opens
7.30 am to 9.00 am	Riders depart IRFC. Riders will be released in small groups as they are ready to avoid causing traffic congestion.
9.30am to 11.00am	Riders pass through the 26.5 mile pit stop at Kirk Deighton Village Hall, Nr Wetherby. Legendary Lishman's Pork Pies, fruit and liquid refreshments available (iso-powders and flapjack available).
11.45am to 1.30pm	Lunch Stop – 54 miles: riders stop at the Aldwark Arms, in Aldwark for lunch – sandwiches, crisps and juice etc!
2.00pm to 3.30pm	Mid-afternoon, 77 mile pit stop - Riders once again pass through Kirk Deighton Village Hall, Nr Wetherby for further fruit and liquid refreshments available (iso-powders and flapjack available).
3.30pm to 5.30pm	100 miles! Riders arrive back at Ilkley Rugby club and go upstairs into the Clubhouse for post ride food of chilli, rice, baked potato (vegetarian option available). There is also a full pay bar available.

Registration/check-in

All riders will be allocated a rider number which will be logged on your return to the rugby club. We ask that this number is given in the event that you need assistance en route. Also if for any reason you decide you cannot make it back to the club please phone control with your number.

Registration will take place outside in the rugby club car park. In the event of very wet weather registration will take place upstairs inside the rugby club.

When entering Ilkley rugby club please do not wear cycle shoes into the building to avoid damage to flooring.

Facilities at check-in

Full toilet and changing facilities are available in the rugby club.

It is your responsibility to ensure that your bike is roadworthy and we recommend getting it serviced before coming to the event.

Breakfast

On this occasion unfortunately we are not able to supply any breakfast facilities at the Rugby Clubhouse – please buy your coffee and croissant before you arrive!

Signage and GPX/TCX files

If you require a GPX file of the route this will be accessible via the event website.

However, we recommend you just follow the signs and talk to the person next to you rather than peering at a little screen! Our excellent signage team from Sportive HQ will be marking the route on the morning of Friday 17th of September and this will include any last-minute adjustments to the route that have become necessary as a result of unexpected roadworks or other emergency reasons.

As at the time of writing Pot Bank Bridge is closed hence the route change from Penny Pot.

The signage will take account of this however, in which case those who have ridden the event before need to keep their eyes open for any changes. Please always ensure that you keep an eye out for the yellow arrow signs which will be prominently displayed.

NOTE: we take pride in ensuring that our signs are displayed at the turn or just before, and then another 50-100 metres beyond the turn so you should always get swift re-assurance that you are on the right route.

As ever, beware that very occasionally there can be mischief makers who mess with the signage which is beyond our control. In this respect, at the end of this guide is a full Village List which we urge you to carry with you (snap a copy to your phone!) then if in doubt just look for the next village name.

Rider safety and etiquette

Please remember the Wharfedale time is intended as a friendly, business networking event and as such is in no way competitive. Riders should ensure they obey the Highway Code and ride in a safe and responsible manner at all times and always give consideration to other road users and safety.

You must wear a hardshell helmet and will not be permitted to ride without one.

Many parts of the route are on narrow country lanes often with a sharp corners and sometimes on adverse camber which can gather gravel and dust. Additionally, some of the road surfaces are less than perfect due to poor maintenance in some places. These are natural cycling hazards and care must be taken.

Going too fast around tight corners when gravel has gathered is a recipe for the disaster so please take care to ride within a pace the territory will support.

It's always nice to ride two abreast but on many of these roads, particularly on a business day as a Friday is (for those not riding the Ton \odot), there is no room for vehicles to pass. If there is a vehicle behind you on a narrow stretch of road, if safe, please ride in single file and allow vehicles to pass. Never ride more than two abreast.

Horses: take care where there are horses and please slow down and announce your presence in advance and give the horse and rider plenty of room. We do not want any accidents at all but least still, any arising from clashes between riders and animals. We need your help to ensure that we maintain our excellent safety record for the event.

Busy Road Junctions

Inevitably, from Ilkley to Boroughbridge and back does involve crossing and riding along some A-roads and some very limited sections of other busy roads but the route has been planned to minimise the exposure to A-roads so far as possible.

Particular care should be taken at all such major A road crossings and busier sections of road .

As we lawyers say, "without prejudice to the generality of the foregoing", some noteworthy sections demanding caution include:

- crossing the A658 between Follifoot Road, Pannal and Haggs Road;
- the section of the A168 from Kirk Deighton to Walshford then over the bridge until the turn off towards Whixley;
- take care on the junction and main roundabout in the centre of Boroughbridge;
- crossing the A59 near Green Hammerton across towards Cattal: Please take your time this is a <u>very busy</u> crossing from one country lane to another but you are crossing an
 exceptionally busy main road where cars have only recently exited the A1M so tend to be
 going swiftly.
- From Castley to Pool-in-Wharfedale you are in the last 15 miles and will be turning onto the A658 for a short stretch and then turning right across the traffic towards Otley by the Shell station.

Toilet facilities

These are available at our break stop at <u>Kirk Deighton Village Hall</u> and also at the <u>Aldwark Arms</u> for lunch. If you are caught short along the way please be sensitive to residents and other road users.

Ride Support

This is first and foremost an unsupported ride. Riders are expected to be self-sufficient and should treat the ride in exactly the same way as if they were going out with friends for a weekend ride.

That said we will have a <u>support sweeper vehicle</u> out on the course but this will be prioritised for emergencies.

Personal recommended items: We recommend you carry with you:

- two spare inner tubes
- a pump
- any necessary tools
- some emergency cash/credit card
- a mobile phone
- your usual brand of energy products
- two full water bottles.

Water will be available at the break stops but you should always make sure that you keep topped up.

First Aid cover

Riders should always use their common sense and contact emergency services where necessary. Please do inform race organisers of any major incident.

We have a <u>medical vehicle</u> which will be out on the course and able to respond to medical issues. If you have any medical conditions we urge you to carry a card with you to alert any medical professionals in the event of a problem.

Riders are asked to look out for each other and report any accidents of mechanical problems to the Event Control number.

EMERGENCY NUMBER ON THE DAY: 07537 892268

Insurance

Insurance you should ensure that you have your own insurance arrangements in place for yourself and your bike. Event organisers are covered for public liability.

If you have any particular query please feel free to email us and we will do our best to answer:

philip.paget@gordonsllp.com

Village List

Ilkley

Askwith

Fewston

Beckwithshaw

Pannal

Spacey Houses

Spofforth North Deighton

Kirk Deighton

Walshford

Whixley

Queen Ethelburgas

Great Ouseburn

Upper Dunsforth

Lower Dunsforth

Aldborough

Boroughbridge

Milby

Brafferton

Helperby

Flawith

Aldwark

Youlton

Tollerton

Newton on Ouse

Linton on Ouse

Aldwark

Little Ouseburn

Cattal

Cowthorpe

Kirk Deighton

Wetherby

Sicklinghall

Kirkby Overblow

Dunkeswick

Weeton

Castley

Pool

Otley

Askwith

Ilkley