



## **Wharfedale Ton 2019**

### **On the day event information**

#### **About the event**

The Wharfedale Ton is back for its 4th year and has now become a staple of West Yorkshire's various summer, cycle networking events.

As a 100 mile ride it still represents a challenge to many riders.

The route, planned and designed by Phil Paget, has changed little since the event was first run but the various minor tweaks that have been made have been welcomed by repeat riders.

As a 100 mile ride, it was always important to limit the number of hills in order to ensure mass participation. After all, over that distance it tends only to appeal to die-hards if the route is too tough. This route is designed to be enjoyable whilst also ensuring you get that sense of achievement – a ton is still no mean feat!

#### **Start/finish location**

Ilkley Rugby Club  
2 Denton Road  
Ilkley LS29 0AA

#### **Travel to Ilkley**

By car or train ... or cycle (but only if 100 miles isn't enough for you!).

Ilkley train station is located on Station Plaza Ilkley LS298H and is approximately 1500m from the start location at the rugby club.

#### **Parking at Ilkley Rugby Club**

Parking is available at Ilkley Rugby club for participants on the grassed area around the rugby field however not in the main car park except for those arriving very early because this is the start/finish area.

There is further free parking at Ilkley Lido which is located opposite the rugby club and also along Denton Road to the other side of New Brook Street.

Vehicles are left entirely at their owners' risk.

#### **Bike Security**

Bike Security before and after the event: bikes and their security remain at all times at their

owners' risk. At the lunch stop please go into the beer garden with your bike. Our staff will be stationed at the gateway to keep an eye out for opportunists but we cannot guarantee nor do we take responsibility for bike security.

### **Event Timings**

7.15 am	Registration Opens
7.30 am to 9.00 am	Riders depart IRFC. Riders will be released in small groups as they are ready to avoid causing traffic congestion.
9.30am to 11.00am	Riders pass through the 26.5 mile pit stop at Kirk Deighton Village Hall, Nr Wetherby. Legendary Lishman's Pork Pies, fruit and liquid refreshments available.
11.45am to 1.30pm	Lunch Stop – 52.5 miles: riders stop north of York at the Hungry Horse, Riverside Farm, Shipton Road, York for lunch – sandwiches, chips and other carb-high food stuffs, oh and plenty of juice!
2.00pm to 3.30pm	Mid-afternoon, 76 mile pit stop - Riders once again pass through Kirk Deighton Village Hall, Nr Wetherby for further refreshments.
3.30pm to 5.30pm	100 miles! Riders arrive back at Ilkley Rugby club and go upstairs into the Clubhouse for post ride food of chilli, rice, baked potato (vegetarian option available). There is also a full pay bar available.

### **Registration/check-in**

All riders will be allocated a rider number which will be logged on your return to the rugby club. We ask that this number is given in the event that you need assistance en route. Also if for any reason you decide you cannot make it back to the club please phone control with your number.

Registration will take place outside in the rugby club car park. In the event of very wet weather registration will take place upstairs inside the rugby club.

When entering Ilkley rugby club please do not wear cycle shoes into the building to avoid damage to flooring.

### **Facilities at check-in**

Full toilet and changing facilities are available in the rugby club.

It is your responsibility to ensure that your bike is roadworthy and we recommend getting it serviced before coming to the event.

### **Breakfast**

Tea, Coffee and sausage & bacon sandwiches will be on sale at the start from Christine and her staff outside the rugby club clubhouse.

### **Signage and GPX/TCX files**

If you really want to, you can download the route as GPX and TCX files and the Strava file are accessible via the event website: <https://www.gordonsllp.com/difference/wharfedale-ton/the-route/>

However, we recommend you just follow the signs and talk to the person next to you rather than peering at a little screen! Our excellent signage team from Sportive HQ will be marking the route on the morning of Friday 14th of June and this will include any last-minute adjustments to the route that have become necessary as a result of unexpected roadworks or other emergency reasons.

As at the time of writing there are scheduled road works planned to be carried out on a short section of the route on Spring Lane just before Pannal (and boy, does it need it!!). It is our hope that this will have been completed by Friday the 14th. If not, then the route may have to be varied if that section of road is actually closed, which we don't yet know.

Either way, the signage will take account of this however, in which case those who have ridden the event before need to keep their eyes open for any changes. Please always ensure that you keep an eye out for the yellow arrow signs which will be prominently displayed.

NOTE: we take pride in ensuring that our signs are displayed at the turn or just before, and then another 50-100 metres beyond the turn so you should always get swift re-assurance that you are on the right route.

As ever, beware that very occasionally there can be mischief makers who mess with the signage which is beyond our control. In this respect, at the end of this guide is a full Village List which we urge you to carry with you (snap a copy to your phone!) then if in doubt just look for the next village name.

### **Rider safety and etiquette**

Please remember the Wharfedale time is intended as a friendly, business networking event and as such is in no way competitive. Riders should ensure they obey the Highway Code and ride in a safe and responsible manner at all times and always give consideration to other road users and safety.

You must wear a hardshell helmet and will not be permitted to ride without one.

Many parts of the route are on narrow country lanes often with a sharp corners and sometimes on adverse camber which can gather gravel and dust. Additionally, some of the road surfaces are less than perfect due to poor maintenance in some places. These are natural cycling hazards and care must be taken.

Going too fast around tight corners when gravel has gathered is a recipe for the disaster so please take care to ride within a pace the territory will support.

It's always nice to ride two abreast but on many of these roads, particularly on a business day as a Friday is (for those not riding the Ton ☺), there is no room for vehicles to pass. If there is a vehicle behind you on a narrow stretch of road, if safe, please ride in single file and allow vehicles to pass. Never ride more than two abreast.

**Horses:** take care where there are horses and please slow down and announce your presence in advance and give the horse and rider plenty of room. We do not want any accidents at all but least still, any arising from clashes between riders and animals. We need your help to ensure that we maintain our excellent safety record for the event.

### **Busy Road Junctions**

Inevitably, from Ilkley to York and back does involve crossing some A-roads and some very limited sections of busy roads but the route has been planned to minimise the exposure to A-roads so far as possible.

Particular care should be taken at all such major A road crossings and busier sections of road .

As we lawyers say, "without prejudice to the generality of the foregoing", some noteworthy sections demanding caution include:

- crossing the A658 between Follifoot Road, Pannal and Haggs Road;
- the left turn at the main Wetherby Roundabout (by the Mercure Hotel) towards Walton Road going away from Wetherby – this roundabout can be busy as can the short section of road going along towards the roundabout where you cross over towards Walton;
- York Races: the races always coincide with our event and this year is no different – beware particularly as you travel past the race course between Bishopthorpe and York: beware traffic turning into the Race Course across your direction of travel;
- going through York city centre generally (especially past the railway station and up towards the Minster) which will be busy with both lots of pedestrian and vehicular traffic not least because of York Races – lots of buses departing the station for the race course etc – BEST ADVICE HERE: take it very gently through York City Centre – use it as a nice breather; keep your wits about you and enjoy the change from those quiet country roads (which you'll be back on straight after lunch);

- On the A19 before the lunch stop: please take particular care to use the underpass before lunch stop. The route signage will turn you right across the traffic about 100 metres before the main ring road roundabout at Rawcliffe over to the right hand side footpath and then down through **the underpass** rather than going across the roundabout. Please do not use the roundabout as it is extremely busy and dangerous and the underpass has been specifically installed for cyclists' use;
- crossing the A59 near Green Hammerton across towards Cattal: Please take your time - this is a very busy crossing from one country lane to another but you are crossing an exceptionally busy main road where cars have only recently exited the A1M so tend to be going swiftly.
- From Castley to Pool-in-Wharfedale – you are in the last 15 miles and will be turning onto the A658 for a short stretch and then turning right across the traffic towards Otley by the Shell station.

### **Toilet facilities**

These are available at our break stop at Kirk Deighton Village Hall and also at the Hungry Horse for lunch. If you are caught short along the way please be sensitive to residents and other road users.

### **Ride Support**

This is first and foremost an unsupported ride. Riders are expected to be self-sufficient and should treat the ride in exactly the same way as if they were going out with friends for a weekend ride.

That said we will have a support vehicle out on the course but this will be prioritised for emergencies.

**The Emergency Number is: 07537 892268**

**Personal recommended items:** We recommend you carry with you:

- two spare inner tubes
- a pump
- any necessary tools
- some emergency cash
- a mobile phone
- your usual brand of energy products
- two full water bottles.

Water will be available at the break stops but you should always make sure that you keep topped up.

### **First Aid cover**

Riders should always use their common sense and contact emergency services where necessary. Please do inform race organisers of any major incident.

We have a medical vehicle which will be out on the course and able to respond to medical issues. If you have any medical conditions we urge you to carry a card with you to alert any medical professionals in the event of a problem.

Riders are asked to look out for each other and report any accidents or mechanical problems to the Event Control number.

### **Insurance**

Insurance you should ensure that you have your own insurance arrangements in place for yourself and your bike. Event organisers are covered for public liability.

**If you have any particular query please feel free to email us and we will do our best to answer:**

[philip.paget@gordonsllp.com](mailto:philip.paget@gordonsllp.com)



Ilkley	Walton	Rawcliffe	Sicklinghall
Askwith	Wighill	Skelton	Kirkby Overblow
Beckwithshaw	Tadcaster	Beningbrough	Dunkeswick
(Ashville College)	Oxton	Linton on Ouse	Weeton
Pannal	Bolton Percy	Aldwark	Castley
Spacey Houses	Appleton Roebuck	Little Ouseburn	Pool
Spofforth	Acaster Malbis	Cattal	Otley
North Deighton	Bishopthorpe	Cowthorpe	Weston
Kirk Deighton	York	Kirk Deighton	Askwith
Wetherby	Clifton	Wetherby	Ilkley